

## GUIDANCE FOR DIRECT SUPPORT WORKERS

Essential workers like direct support workers and nurses are critical in ensuring the health and safety of people with intellectual and developmental disabilities (I/DD) For essential workers that need to have direct contact with the person, it is important to follow these steps:

## PREPARE AHEAD OF TIME

- Bring only items necessary for the visit into the home.
- Bring Sanitary Tool Kit into the home.
- Do not bring personal items into the home, whenever possible
- Stay home if you are sick.
- Contact the family member or caregiver prior to conducting the home visit to confirm no one in the home is showing any signs of illness and ask permission to come.
- If anyone is ill or if the family or caregiver is uncomfortable with visitors, the visit should be canceled.
- Sanitary Tool Kit • Ziploc bag that holds materials • Hand soap • Paper towels fold several into Ziploc bag (not the whole roll) • Hand Sanitizer • Clorox Wipes

## PRACTICE DAILY HYGIENE AND INFECTION CONTROL



Greet families verbally and avoid physical contact.



Check for the latest CDC guidelines.



Keep 6 feet distance between people, if possible.



tissue or sleeve when

coughing or sneezing.

soap upon arrival, departure, and as needed.



Wash hands often with

Avoid touching your eyes, nose, and mouth with unwashed hands.



Wear a mask if interacting with a person who is symptomatic.



Clean and sanitize items between home visits .

FOR MORE INFO, VISIT -<u>https://health.hawaii.gov/ddd</u> <u>https://health.hawaii.gov/bhhsurg/</u>

Sources:

<u>https://hawaiicovid19.com/</u>

https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control-recommendations.html